WE CLAIM:

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- 1. An integrally formed absorbent web or material comprising at least two zones in plane and at least two zones out of plane in the Z-direction, wherein said integrally formed web or material demonstrates greater than 25 percent of the total liquid in the web or material above 5 cm in height after the second insult, with a run-off of less than 10 g in accordance with the MIST test.
- 2. The integrally formed absorbent web or material of claim 1 comprising at least two zones in plane and at least three zones out of plane in the Z-direction.
 - 3. The integrally formed absorbent web or material of claim 1 wherein said integrally formed web or material demonstrates greater than 30 percent of the total liquid in the material above 5 cm in height after the second insult, with a run-off of less than 6 g in accordance with the MIST test.
 - 4. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 32 percent of the total liquid in the material above 5 cm in height after the second insult, with a run-off of less than 4 g in accordance with the MIST test.
 - 5. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 25 percent of the total liquid in the material above 5 cm in height after the third insult, with a run-off of less than 30 g in accordance with the MIST test.
 - 6. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 30 percent of the total liquid in the material above 5 cm in height after the third insult, with a run-off of less than 20 g in accordance with the MIST test.
 - 7. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 35 percent of the total liquid in the

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material above 5 cm in height after the third insult, with a run-off of less than 15 g in accordance with the MIST test.

- 8. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 25 percent of the total liquid in the material above 5 cm in height after the fourth insult, with a run-off of less than 45 g in accordance with the MIST test.
- 9. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web or material demonstrates greater than 35 percent of the total liquid in the material above 5 cm in height after the fourth insult, with a run-off of less than 35 g in accordance with the MIST test.
- 10. The integrally formed absorbent web or material of claim 1 wherein the integrally formed web demonstrates greater than 40 percent of the total liquid in the material above 5 cm in height after the fourth insult, with a run-off of less than 25 g in accordance with the MIST test.
 - 11. An integrally formed absorbent material composed of at least two zones in-plane, one being a target in plane zone, the other being a non-target in plane zone, and at least two zones out-of-plane, with two adjacent out of plane zones having a z-directional permeability difference of at least 40 um².
- 12. The integrally formed absorbent material of claim 11 wherein said in plane zones demonstrate permeability differences of greater than about 40 um² and said out of plane zones demonstrate a permeability difference of greater than about 54 um².
 - 13. The integrally formed absorbent material of claim 11 wherein said absorbent material includes a user facing surface and a garment facing surface, and wherein said out of plane zone on said user facing surface demonstrates a higher permeability than said out of plane zone closest to said garment facing surface.
 - 14. The integrally formed absorbent material of claim 11 wherein said target in plane zone demonstrates a higher permeability than said non-target in plane zones.

15. An integrally formed absorbent material composed of at least two zones in-plane and at least two zones out-of-plane with a target zone permeability of at least about 50um².

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16. An integrally formed absorbent material composed of at least two zones in-plane and at least two zones out-of-plane in which two adjacent zones have different pulp fibers such that the coarseness ratio of the two fibers is >1.

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17. An integrally formed absorbent material composed of at least two in plane zones and at least two out of plane zones in the z-direction in which two adjacent zones have substantially different types of fibers wherein the different types of fibers vary in their contact angle, so as to create a difference in the capillary pressure between adjacent zones in order to improve fluid movement from one zone to another.

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18. An integrally formed absorbent material composed of at least two in plane zones and at least two out of plane zones in the z-direction in which one or more of the zones contains a material designed to decrease the ionic strength of a body exudate.

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19. An integrally formed absorbent material composed of at least two in plane zones and at least two out of plane zones in the z-direction in which one or more of the zones contains a material designed to substantially increase or decrease the viscosity or viscoelasticity of a body exudate.

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at least one of said in plane zones includes an active agent.

An integrally formed absorbent web or material in accordance with claim 1 wherein

An integrally formed absorbent web or material in accordance with claim 1, which

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